

Sports Premium Strategy & Impact Statement 2022-23

School Overview

Detail	Data
School name	Church Lawton School
Pupils in school	70
Proportion/number of primary pupils	19 pupils (27%)
Sports Premium allocation this academic year	£12,000
Carry forward from 2021-2022	£0
Academic year or years covered by statement	2022 - 2023
Publish date	November 2022
Review date	July 2023
Statement authorised by	Governing Body 05/12/2022
Sports Premium Lead	Karen Woodall
Governor Lead	Jacqui Scholes

Physical Education forms a very important part of the total education of the child who has a diagnosis of autism. In addition to the obvious benefits in terms of healthy activity and well-being, it is also important to consider the opportunities for personal and social development. These include:

- Promoting the growth and development of each child
- Helping to establish self-esteem through the development of physical confidence
- Helping children learn to understand and accept their physical abilities and limitations
- Encouraging personal qualities of perseverance, commitment, fairness and enthusiasm through physical activity
- Developing body and self-awareness
- Providing opportunities for joint attention and social interaction experiences
- Developing an awareness of using equipment safely

Main Strategy aims for Primary pupils PE and sport 2022/23

Intent	Evidence of impact	Target date
1. For primary aged students to meet the national curriculum requirements for swimming and water safety	100% participation from all primary pupils. 100% of year 6 pupils to have met the standards.	July 2023
2. For primary students to be offered and experience a broader range of sports and activities	100% participation from all primary pupils.	July 2023
3. All primary age pupils to participate in regular physical activity encouraging healthy lifestyles	100% of primary pupils to engage in at least 30 minutes of daily physical activity.	July 2023
4. Increased confidence, improved well-being, and reduced anxieties through participation in sport-based therapeutic approaches such as boxing therapy.	Assessment and behaviour data. Termly pupil progress meetings between teaching staff, multi-agency teams and senior leaders to monitor progress and effectiveness of strategies and interventions.	July 2023

Implementation and Impact

Implementation	Funding allocation and percentage of total funding	Impact / Sustainability
1. All primary aged students will access weekly swimming lessons during the spring term.	£1,300 (11%)	All primary pupils to be able to swim confidently over a distance of at least 25 metres by the end of Year 6. All primary pupils to know how to be safe in and around the water. Development of essential independent life skills and increased confidence, supporting the encouragement of active participation in sport.
2. All primary students to be offered and participate in weekly adventure learning sessions. To experience onsite and offsite activities in a broader range of sports such as Gymnastics, dry skiing and climbing walls	£5,500 (46%)	Primary pupils will have tried an element of PE, a sport or outdoor activity that they either have not tried before or in the cases of older primary pupils, an activity which they can become more proficient in. They will have the opportunity to

		develop their skills and techniques within these sports over a number of weeks. Pupils will gain confidence to try new experiences building self-esteem and resilience. Pupils will be more aware of the broad range of sports and activities available to them.
3. Further development of outdoor learning, both on-site, utilising the outdoor space and offsite opportunities.	£4,200 (35%)	Increased confidence and self-esteem in our younger students with the aim of encouraging full engagement with outdoor activities. Reduced anxieties will allow pupils to integrate into a wider range of activities as they move through the school. Increased enjoyment of outdoor activities, maximising the amount of time our younger pupils spend outside. Pupils will be more aware of the broad range of sports and activities available to them.
4. Boxing therapy to support pupils in managing their emotions, self-regulate anxieties and make changes to build good mental health.	£1,000 (8%)	Pupils be able to express emotions in a safe, controlled environment. They will begin to understand the benefit themselves of using the therapy to regulate their levels of anxiety. Pupils will build self-esteem and confidence whilst also increasing fitness and improved boxing skills.

Summary of Outcomes for 2022-2023

All primary aged pupils accessed weekly top up swimming lessons during the Spring term as an addition to their National Curriculum swimming lessons during the year. Staff observed huge improvements in pupils water confidence and their understanding of the importance of water safety. This was evident across all the primary pupils who had had greatly limited access to opportunities for swimming and lessons outside of school over the last few years whilst leisure centres were closed. Pupils gained essential life skills being safe near water but also increasing independence in dressing and self-care. Pupils practiced their skills in swimming to develop different stroke styles, increased their stamina, speed of swimming and personal survival skills. We had six pupils in Year 6, 4 of whom fully achieved the national curriculum outcomes for swimming and water safety. Two pupils, who had accessed top up swimming sessions during Year 5 and Year 6, showed significant progress in confidence in the water and were able to swim short distances unaided however they will need further swimming opportunities and lessons to fully gain the confidence and stamina to swim 25 meters.

All primary aged students accessed weekly adventure learning experiences in addition to their weekly in school PE lessons. These experiences included indoor climbing walls, dry skiing, team building games and activities, orienteering, bushcraft and a range of outdoor activities at a social farm. Many of the pupils had never experienced these sports and outdoor activities before and it has allowed them to be challenged and be resilient to try new experiences. Many of the pupils discovered they had skills and talents in these new sports that they were able to develop further over several weeks of the course. Staff reported that pupils progressed in their team working skills, taking turns, showing determination, and encouraging and motivating their peers. Pupils visibly showed increased levels of self-esteem and looked forward to the experiences each week. Staff observed that several pupils with high levels of anxiety significantly benefitted from the range of activities offered at the social farm particularly the interaction when helping to care for the animals.

We were able to offer weekly boxing therapy to all the pupils in primary who were identified as potentially benefitting from sessions, however we were fortunate to be able to facilitate this as part of our PE curriculum without the requirement for additional funding. We will review the number of primary pupils who will benefit from boxing therapy going forward and if any additional funding is required, it will be incorporated into our strategies and plans for Sports Premium for 2023-2024.

Due to other constraints across school, we were unable to fully deliver our plans to develop outdoor learning opportunities for pupils. It is hoped that this funding can be carried forward to next academic year and incorporated in our strategies and plans for sports premium for 2023-2024.

Summary of Expenditure

	<u>Cost</u>
Outdoor Education	£0
Boxing Therapy	£0
Primary Adventure Learning	£4,486
Primary Swimming	<u>£1,346</u>
	<u>£5,832</u>
Balance Remaining to be carried forward	<u>£6,168</u>