CHURCH LAWTON

Church Lawton School

October 2020

Church Lawton School, Cherry Tree Avenue, Church Lawton, Stoke-on-Trent, Staffordshire. ST7 3EL Email: admin@naschurchlawton.cheshire.sch.uk | T: 01270 877601 Principal: Mr Paul Scales

A very warm, although somewhat wet, welcome back to all parents and families for this academic year. This has been a very interesting and challenging start. In my many years of teaching we have never been faced with the challenges which are currently besetting education and the whole country. HOWEVER, what positive start to our new year.

The students have been very mature and accepting of the new systems and rules, both around school and within the local and wider community.

I would also like to pass on my personal thanks to parents and carers for supporting their children during this very difficult time. The support you have provided your children is clearly evident in the resilience and wellbeing they show at school.

This has been a long half term, eight weeks in total. The school has already accomplished a huge amount and has welcomed new staff and students into the school. I can honestly say that the term has started extremely well for the majority of our new students.

The summer produced incredible exam results for all our students, and we were very proud of the maths students. Eight percent of the students who took the exam scored a grade between 4-9 (equivalent to C - A* in old money). The school had their first AS Level for maths as well as Level 2 in further maths. We also scored our first Grade 9 for GCSE art and nearly 70% of students gained a 4-9 in GCSE media studies.

Staff and students rightly deserve a huge amount of praise for their hard work and determination in showing everyone what they are capable of. Our new cohort of GSCE students have started their studies well and have shown the same level of focus in ensuring that they start the new academic year in the right frame of mind.

Adventure Learning this term has focussed on bushcraft skills and by the time you have received this newsletter some of you may have seen the students demonstrate their skills and abilities on the many different challenges set by the instructor.

As we move into winter we are going to be faced with the challenges of coughs and colds. Please can I will take this opportunity to remind you all of the following:

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least 10 days from the date their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <u>https://www.nhs.uk/ask-for-a-coronavirus-test or</u> by calling 119.

Welcome from Paul Scales, continued:

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- 1. a new continuous cough
- 2. a high temperature
- 3. a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <u>https://</u> <u>www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirussymptoms/</u>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <u>https://111.nhs.uk/</u> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk to you and anyone you live with:

Do

- 1. wash your hands with soap and water often do this for at least 20 seconds
- 2. use hand sanitiser gel if soap and water are not available
- 3. wash your hands as soon as you get home

4. cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze

5. put used tissues in the bin immediately and wash your hands afterwards

Further information is available at https://www.nhs.uk/conditions/coronavirus-covid-19/

Can I remind parents and carers that if your child has to self-isolate due to Covid-19 Symptoms, class and subject teachers will ensure appropriate materials are uploaded onto Google Classroom. All students have a Google Classroom log in and have been accessing and using Google Education Suite at school. Should you have any problems please email admin@naschurchlawton.cheshire.sch.uk

Paul Scales - Principal Church Lawton School





Here are some of the topics for each class for after the October Half term holidays so you can begin some preparations, research or visits to the library if you wish over the holidays.

Karen Woodall, Deputy Principal.

Class	Subject and topic area.
Churchill and Franklin Primary	Topic - Autumn & Seasons. Science - Seasonal changes RE - Advent and Christmas. History - Advent and Christmas celebrations and customs. Geography - The weather Art and DT - Linked to Autumn, Advent and Christmas.
Hawking Middle School	English - how to train your dragon. Maths - Place value skills, Basic skills all formal calculation +- x and divide, Data Handling, Problem solving Science - The human body and its internal organs and their functions History - Vikings Geography: Mapping and directions. RE: The world faiths.
Thompson and Darwin Middle School	Maths- Fractions, Decimals, Measures. English- non-fiction explanation texts, (auto)Biographies and a short Entry Level Unit called 'Celebrities' Science- Plants, Adaptions and Variation ICT-Theme Park Project which uses the whole of the MS suite of programmes (Word, Excel, Power-point, Publisher etc.) Humanities- 1066 and the Battle of Hastings, Medieval Times Thompson will also now explore Careers each week whilst Darwin have their introduction to German.
English	Gamma - Myths & Legends: Entry Level Topic Delta - Gothic Horror: Entry Level Topic Omega - Explorers & Adventure: Entry Level Topic Theta - Creatures in Fiction and Non-Fiction texts Pi - Preparation for Functional Skills exam & focus on GCSE English Language Paper 2: Comparing texts and discursive writing.
Science	Delta - Pressure, speed, periodic table, elements Gamma- Cells, energy, particles, sound and light Theta and Omega - Particle Model, Atomic Structure, The Periodic Table Bonding Pi - Energy, Homeostasis, Chemical Analysis
Maths	Gamma - BIDMAS, Rounding, Measures and Area Delta - Standard form, Angles and Measures Omega - Time and calendar, measures, Geometry Theta - Fractions decimals and rounding, Statistics, sequences Pi - Trigonometry, volume, quadratics A level - Trigonometry, Differentiation and Integration
Food Tech	GCSE: Food Science (Continued) Delta & Gamma: Seasonality and Cooking Skills (Continued)



Here are some of the topics for each class for after the February Half term holidays so you can begin some preparations, research or visits to the library if you wish over the holidays.

Karen Woodall, Head Teacher

Class	Subject and topic area.
Life skills	Delta & Gamma: Personal Safety Pi: Leisure activities and skills building Theta & Omega: Environmental Issues.
Media Stud- ies	Completing storyboard unit & Animation
Computer Science	Game development using scratch programming. Basics of programming using Python.
Careers	Exploring personal skills and online reputations.
RE	Christianity: Continuing to look at Martin Luther King Jr. The Bible and Churches, leading onto Christmas and important ways that Christians remember and celebrate the birth of Jesus.
Art, Craft and Design.	Working on a project brief, creating a range of design ideas for textiles, ceramics, tableware and wall art. Producing a portfolio of sketches and developing this work to create a final outcome.
PSHE Day	Monday 2 nd November Austen, Pi, Theta and Omega - Relationships & Sex Education. Delta, Gamma and Middle school - Online safety and relationships.
Adventure Learning	Middle school - Thursday mornings and Primary - Thursday afternoons - Outdoor adventure at school with challenge 4 change. Secondary - Friday 23 rd October 2020 and Tuesday 15 th December - Outdoor adventure activity days at school with Challenge 4 Change.

Future Dates for your diary

Autumn Term Dates

Virtual Primary, Middle school & Secondary parents' meetings via Microsoft Teams or telephone call.	Appointments will be on Wednesday 9 th December 2020 & Thursday 10 th December 2020
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Spring Term Dates

Virtual Primary, Middle school & Secondary parents' meetings via Microsoft Teams or telephone call.	Appointments will be on Tuesday 30 th March 2021 & Wednesday 31 st March 2021
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School Calendar - Term Dates 2020-2021

October Half Term	26th October 2020—30th October 2020
Autumn Term	Monday 2nd November 2020—Friday 18th December 2020
Christmas Closing	21st December 2020—1st January 2021
Spring Term	Monday 4th January 2021—12th February 2021
Half Term	15th February 2021—19th February 2021
Spring Term	22nd February 2021—1st April 2021
Easter Holidays	2nd April 2021—16th April 2021
Summer Term	19th April 2021—28th May 2021 (Bank holiday 3rd May 2021)
Half Term	31st May 2021—4th June 2021
Summer Term	7th June 2021—16th July 2021

IMPORTANT — Please read

Attendance

Please telephone school by 8.30 a.m. <u>every morning</u> your child is absent, and state the reason for the absence. Where possible, please make any Doctor, Dentist or Medical appointments either before or after school hours. If appointments are during the school day please send in a copy of your appointment card or letter to the school office, thank you.



Personal & Emergency Contacts and Medical Information

Please keep school up to date with any new:

- email address
- telephone numbers
 - emergency contact details
 - medical changes
 - changes in medication



Further Information

Free School Meals

Even if you're not sure whether you are eligible or not, we urge you to check, as not only will it benefit your child, it also benefits school.

Whichever local authority you reside in, you can check your eligibility by contacting Cheshire East Local Authority:

Email: freeschoolmeals@cheshireeast.gov.uk

Telephone: 0300 123 5012

School Uniform Supplier - Mapac

Our new branded school uniform is now available to order from our provider Mapac. For more information please visit:

www.mapac.com

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- Click Login/Register at the top of the page, then click register. Follow the simple online steps.
- You can telephone them on 01923 255525.
- You can email them at: parentcustomerservices@mapac.net

Please make sure all of your child's uniform is labelled including shoes and bags, thank you.

Key information about our uniform can be found on our website: https://www.autism.org.uk/our-schools/church-lawton/about-us/key-information



National Autistic

Society

Church

Lowton

School







Our new Safeguarding page will become a regular feature in our newsletters.

We will provide you with details of services in your area, advice and guidance.

If you have any safeguarding concerns please raise them with myself or any other member of the Safeguarding Team on 01270 877601.

Lorraine Clegg

Designated Safeguarding Lead



Carol Arthurs

Designated Safeguarding Deputy



Mike Stanton

Safeguarding Governor

Email:



Email:



Paul Scales Interim Executive Principal Safeguarding Team Telephone: 01270 877601



Email:

Kay Stark Teacher Safeguarding Team Telephone: 01270 877601



Danielle Norris HLTA Safeguarding Team Telephone: 01270 877601



Rachel Whitehurst Admissions and SEND Manager Safeguarding Team Telephone: 01270 877601

Towards the back of this newsletter you will find lots of useful help line numbers, including Domestic Abuse, Self Harm, Online Safety, Drugs, Housing, and many many more.

need help?

Adventure Learning

It's been a very different type of Adventure Learning this half term for the Middle and Primary students. Challenge4Change have been coming in to school and delivering various different activities, which have been extremely enjoyable. These have included circus skills, water activities, team building games, balloon modelling, orienteering and more! All students have been engaged throughout and they are expanding their outdoor skills to the fullest. These outdoor activities will continue through the Autumn Term on the school grounds. Well done to all the students awarded 'Adventurer of the week!'

We need to remember our warm clothes and outdoor footwear as the weeks get closer to Christmas!



Churchill

In English we have been learning two new sounds each week through RWI (Read, Write, Inc. Phonics). We have been reading, writing and spelling words containing the sounds. We have played games like trash or treasure, sorting real and nonsense words.

In Maths we have been counting in 2's 5, and 10's and have begun to learn the times tables.

We have begun to explore Lego therapy and are learning pre building skills such as sorting and finding bricks which helps to encourage use of language and social skills, such as turn taking.

This half term our topic has been nursery rhymes and we have made classroom displays using skills such as printing, painting and sticking.

This half terms Adventure Learning is bushcraft. The children have enjoyed participating in archery, water activities, target practice and team building games. Super fun!













franklin

In Franklin class this half term we have been looking at different versions of nursery rhymes and have completed some fantastic writing for our English display. In Maths we have been doing lots of different things, including place value, shapes and symmetry.





Adventure Learning has been lots of fun. We have enjoyed team building exercises, circus skills and target practice.





This half term Hawking class have been very busy learning about the "How to train your Dragon" story. We have been making our own dragons out of plastercine and designing a large piece of wall art in class. The children have also been looking at family trees for the dragons and making up their own names for them.

In Maths, Hawking Class have been concentrating on number addition and subtraction. We have also been identifying multiplication and factors of 2 numbers.

In Science, we have been looking at how our body functions work. We have looked at lots of organs in the human body. The children have also built some skeletons out of pipe cleaners and straws.

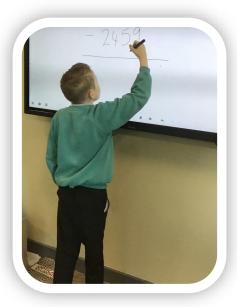






DARWIN

What a start to the year! Darwin began in September with six new students, some new to the class, others to the school. We have had a great half term getting to know each other and exploring our autism together.

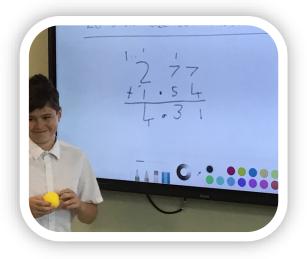


We have been focussing on core skills this half term; how to use a story scaffold to write a narrative—and then improving it. In Maths we have been working with the four operations to embed our skills and knowledge.



Each week we are very lucky to have some visiting tutors. They help us with Careers Education, Music, Food Tech and Adventure Learning, (Mrs Whitehurst is our favourite tutor!). Sometimes it has been tricky having new people with us, but the lessons are always fun and we are learning lots about ourselves and the world around us.

In Music, we are writing our own songs. We hope to record them in the future, which will be very exciting!









MATHS

In Maths we have started the term with addition and subtraction. Pupils have been working through their sums very well and have quickly moved onto multiplication and division.

ENGLISH



In English we have been learning how to use a story scaffold to structure their own ideas. We have used a short film about a robot called Tabula Rasa as inspiration for our own robots who go on an adventure. We look forward to reading the finished products!

HISTORY

This term, we have been learning about 1066 and the Battle of Hastings. Students enjoyed carrying out research gathering facts about who should be the next King of England and we have drawn a story board about the battle itself. Before half term we hope to have created our own Bayeux Tapestry. Watch this space!



ADVENTURE LEARNING

This term, Thompson have been taking part in Adventure Learning on our own sensory field. They have been learning how to build different types of shelters as well as having fun learning a variety of circus skills!



We've had a fantastic start back to school. As well as individual reward points for good work, there are Class Rewards for working together as a team. The new Thompson class have earned more Class Rewards than any previous Thompson (or Hamilton) group!



Matthews form have been very busy this half term, getting used to a new class. Many, moving up from the middle school have also been getting used to a whole new type of school day. Everyone has managed excellently and the strong personalities and interests of the group are really coming through.

In Food Technology lessons, we have made delicious cookies and soups and have learned important skills despite nobody sharing their cookies with Mr Biscoe-Taylor.

One of the biggest influences in Matthews has been a love for music. We have budding musicians, experts in pop music knowledge, fans of video game music and a real appreciation of the wellbeing value that music has to offer. We hosted an assembly on our love on music for the whole of secondary and everyone had the opportunity to present their interest. Three of our students even performed! We were all very proud of how mature and brave everyone was when it came to performing and speaking in front of large group of people.









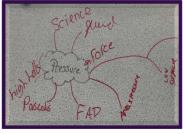






The start of this term has been very busy and challenging for pupils coming back to school after such a long time away. We have been delighted to welcome them all back. It has been particularly exciting for

Cadbury Form as we are a brand new Secondary class. We voted for the name of Cadbury, due to our love of chocolate and its British link. Cadbury was established in Birmingham, England in 1824, by John Cadbury. By 1914, chocolate was the company's best-selling product and is loved by our pupils today. In fact we always have a 'Cadbury Friday' which involves a chocolate related reward for good work during the week.



Science – Delta group have been learning about 'speed', completing some complex equations around the distance time graphs, also learning how to plot their results on a line graph. They have also used the pressure triangle to calculate the force place on different objects.



Gamma group have been learning about different types of cells and what they are used for. They have also learnt about 'energy costs' and what types of alternative energy can be used to help reduce these costs on the environment.

Both groups thoroughly enjoyed dissecting a heart.

English – Delta group are reading 'Nowhere Emporium' a magical time travel story. Pupils have engaged and found it interesting story so far.

Gamma are reading "Tom's Sausage Lion". Pupils are engaging and enjoying using a dictionary to learn new words and phrases to help understand the text.



Geography – The pupils have been learning about population and have identified the most populated areas and identified them on a map. The pupils also decided where in the world they would like to live and why.

History – We have been learning about the historic royals, starting with Henry VII and then Henry VIII and his 6 wives. Each student had to choose one of the wives and carry out research to increase their knowledge.

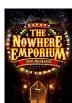
Maths – The pupils are enjoying learning new techniques such as bus stop division and column addition. They have also enjoyed taking part in ninja Friday. Every time they gain a new belt they get a treat from Mr Biscoe-Taylor.

P.E. – We have been working on team games and the rules of cricket, especially enjoying games of dodge ball against
Mr Oakes, definitely having way too much fun.

Creative Sessions – This term the children have been taking part in BSL signing, cross stitch, gardening, drumming and the band have been working really hard on developing new songs. The latest one being 'Poison' by Black Sabbath.

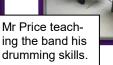


"Hello" in British Sign Language











It has been a busy start for the Year 11 pupils in Newton with everyone working hard to get back into studying core and option subjects. All Newton pupils have done well in applying themselves to various exam subjects although this has also felt difficult at times after such a long time away from school, so we are very proud of them.

It has been a real pleasure to see Newton pupils excel in different areas: Lara has been a star in her GCSE food classes and is progressing well with her French studies and descriptive writing. Taylor delivered a fantastic and, of course, funny presentation in Life Skills. Ollie is very imaginative and continues to write inventive stories. Grace has produced some very strong analytical responses to her literature texts and is a star in BTEC PE. Ethan has been doing a great job in BTEC Media Studies with his camera work and storyboarding. Charlotte is continuing with her hard work at Reaseheath College and coming back with some interesting stories about her developing horse care skills.

A high point this term has been our form assembly which involved several pupils recreating the infamous Monty Python scene at the French Castle. Ethan did an impressive job mastering a French accent and it was very enjoyable pelting Ollie and Taylor with animal teddies. Charlotte and Lara took care of the more sensible aspects of our assembly and produced a well being presentation. Meanwhile, in form time it has been good to share interests in music, watch funny clips, do some quizzes and generally chat. We said goodbye to Mrs Shah who has gone onto her maternity leave and have now been joined by Mr Jacques.

Getting back into school life has not always been easy but at the same time, it has been good to see Newton pupils enjoying reconnecting with friends, meeting challenges and each one demonstrating positive strengths.









This half term Branson has been very busy. Students have enjoyed going to college on a Wednesday. They are participating in various courses: equine; construction; mechanics; and animal management. Here are two of our students Adam and Reece on their construction course. Great job!



In Careers Branson have been learning about different career options. They have had a

meeting with Siemens Construction via Zoom and have been designing their own catapults and showing the Siemens Construction Team how well their creations have worked. Some of the other career options that have been presented to Branson class included being a Disc Jockey! Branson loved this session. They were shown how you mix some great tunes together.

Others sessions have included:

Police Officer - This grabbed the attention from all of the students with some great questions.

Cat Protection -Branson enjoyed this session and interacted brilliantly.

BuildBase - We had to show some database skills by putting the stock on the database.







Austen



Throughout this term, Austen have been busy decorating sixth form to show their Halloween spirit.



Following on from her Art GCSE to A-level, Ellie has been going to Alsager Sixth Form. She is doing really well and we're all are very proud of her.



Austen are continuing to grow their links with the Swedish school and they have asked us to provide a small video to show the new students in their school assembly.

Austen have been developing their team work skills working on learning rules in our own card game.

Austen are very supportive of mental health issues and have a wellbeing board that shows us coping techniques... an example of our October daily wellbeing is "share an inspirational idea with a loved one"





HELPLINES' DIRECTORY

Addiction

Children of Addicted Parents and People (COAP)	via website only
National Association for Children of Alcoholics	0800 358 3456
Young People and Gambling	0808 8020 133

Bereavement

Child Bereavement Network	via website only
Child Death Helpline	
Childhood Bereavement Network	
Cruse Bereavement Care	
Grief Encounter	via website only
Hope Again	
Winston's Wish	

Bullying

Anti-bullying alliance	. via website only	У
Bullying UK	. via website only	y
Ditch The Label	via website only	У

Cancer

Macmillan Cancer Suppor		808	00	00
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Children of Prisoners

National Information Centre on Children of Offenders	via website only
National Prisoners' Families Helpline	.0808 808 2003

Children Missing

Runaway Helpline11	16 000
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Children's Charities

Action for Children Barnardos Childline Children's Society	via website only
NSPCC	,
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Counselling

British Association for Counselling and Psychotherapy...... via website only

Crime

Crime Stoppers	.0800 555 111
Fearless (Crime Stoppers for Young People)vi	a website only

Domestic Abuse

Galop (LGBT)	.0800	999 5	428
National Domestic Violence Helpline	0808	2000	247
Refuge	0808	2000	247

Drugs

Talk to Frank via website	via website only
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Faith

Muslim Youth Helpline

FGM

Africans Unite Against Child Abuse	via v	website	only
Daughters of Eve	via v	website	only
Forward UK	020	8 960	4000
NSPCC FGM Helpline	080	0 028	3550

Forced Marriage

Housing

Shelter	.0808 800 4444

LGBT

Stonewall

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Looked After Young People

Coram Voice	.0808 800 5	5792
The Care Advice Line	.020 7017 8	8901

Mental Health

Anna Freud National Centre for Children & Families	
Anxiety UK	
B-eat eating disorders	
Bipolar UK	
CALM (Campaign Against Living Miserably)	
Charlie Waller Memorial Trust	via website only
HeadMeds	via website only
Heads Together	via website only
Kooth	via website only
Mentally Healthy Schools	via website only
MindEd for Families	via website only
National Self Harm Network	via website only
OCD Action	
OCD-UK	,
Papyrus (Suicide support)	via website only
Rethink Mental Illness	via website only
Samaritans	
Sane	0300 304 7000
Selfharm UK	via website only
The Mix	
The Royal College of Psychiatrists	
Young Minds	via website only
Young Minds Parents Helpline	

Migrant Children

Online Safety

Child Exploitation Online Protection Centre	via	website	only
National Professionals Online Safety Helpline	03	44 381 4	4772
Net-Aware	via	website	only
Safer Internet	via	website	only
Think U Know	via	website	only

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Parent Support
Parent Line Plus0808 800 2222
Self-Harm
Harmlessvia website only National Self Harm Networkvia website only Self-injury support (Girls)
Sexual Abuse
MOSAC (Mothers of Sexually Abused Children)
Sexual Health
Check Your Bits (Chlamydia Testing)via website only Getting It Onvia website only Sexual Health Helpline
Staff Support
Education Support Partnership
Transgender
Gires
Whistleblowing
NSPCC Whistleblowing Helpline0800 028 0285

Mellors Catering Services Newsletter



Welcome to our newsletter!

School Meals Provision at Church Lawton School

Dear Parent/Guardian

We are pleased to inform you that Mellors Catering Services has been re-appointed to provide the catering services at Church Lawton School.

We are naturally delighted at this appointment and will work closely with the school staff and pupils over the coming months to improve the quality of food and service on-site.

Due to the COVID 19 pandemic we was not be able to offer a taster day for parents in September, but this will be carried out at parent's evenings/coffee mornings when it is safe to do so.

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Mellors Catering Services Newsletter

Why Mellors Catering Services?

We provide a bespoke service to our schools including:

- New menus with a focus of fresh local produce available on school website
- Nutrition and balanced diet
- Multi-visit to salad bar (at present this has been suspended due to Covid 19, but will resume as soon as we can)
- Taster pots
- Special events and food education sessions
- Pupil recognition and awards
- Great presentation which encourages better choice

New menus

Great news! We have produced a new menu which is unique to Church Lawton, please have a look on your school web site. This will be available from 2nd November 2020.

All our meals are produced from fresh locally sourced products and is great value for £2.25.

A choice of two hot meals or a daily special, dessert, fruit and a drink. Your child can choose daily if he/she wants to eat with us no commitment to weekly/termly payments.

> Sample Mellors food at parents' evenings and open days, where our team will discuss all things food All Welcome – Date to be confirmed

Feedback

The on-site catering team welcome any suggestions you may have regarding menu choice. Leeann our Catering Manager would love to talk to you.

We invite you to come and speak with us about any specific dietary requirements your child may have. Please speak directly with your school or feel free to fill in a comments card or alternatively call the Mellors Catering Services customer hotline on 07947 730620. Ask the nutritionist, our dedicated team will answer any question regarding Allergy/Allergens, special diets and any nutritional information you require please follow the link on our website Contact us and they will respond back to you personally. We look forward to building a healthy school meal relationship with you all but above all serving your child tasty, nutritional food. The Mellors Catering Services team.

Mellors Catering Services

First Choice Contract Caterer in the North T 01695 737280 E services@mellors.co.uk www.mellorscatering.co.uk @MellorsCatering

Week 1 Main Meal	Monday	Chicken Curry	Wednesday	Beef Chilli	Friday
Vegetarian	Veggie Chilli	Quorn Wrap	Veggie Sausages	Cheese & Tomato	Veggie Huggets
Vegetables	Seasonal	Seasonal	Seasonal	Beasonal	Baked Beans
	Vegetables	Vegetables	Vegstables	Vegetables	Peas
	Resty Polatons	Nice	Roast Folatons	Potato Medges	Chips
Pudding	Chocolate Houses	Lemon Drizzle	Jully	Fruit Crundsle	Ice Cenam
	Or	Or	Or	Or	Or
	Cooks Bisouit	Cooks Bisouit	Cooks Discuit	Cooks Bisouit	Cooks Riscuit
Fresh Fruit &	Fresh fruit and	Fresh fruit and	Fresh fruit and	Fresh fruit and	Fresh fruit an
Salad	Balad Bar	Salad Bar	Salad Bar	Salad Bar	Balad Bas
Additional items	Jacket potato	Jacket potato	Jacket potato	Jacket potato	Jacket potato
	and sandwich	and sandwich	and sandwich	and sandwich	and sandwich
	selection	selection	selection	selection	selection
ME					-1 OF YOUR 5 A DA

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal ^{dravy} spitanat	All Day Breakfast	Cottage Pie	Roast Of The Week	Beef burger in a bun	Fish Fingers
Vegetarian	Veggie Breakfast	Queen Bausages	Quorn Roast	Vegetable Curry	Cheese Pinwheel
Vegetables	Hash Browns Ossiette Baked Beans	Seasonal Vegetables Mash Potato	Seasonal Vegetables Roast Potatoes	Seasonal Vegetables Herby Potatoes	Baked Beans Feas Chips
Pudding Custors aptional	Birawberry Nouses Or Cooks Biscuit	Plapjack Or Cooks Biscult	Vanilla Sponge Or Cooks Biscuit	Pruit Crumble Or Cooks Biscuit	Chocolate Orange Maffin Or Cocks Biscuit
Fresh Fruit & Salad	Fresh fruit and Salad Bar	Fresh fruit and Balad Bar	Fresh fruit and Salad Bar	Fresh fruis and Salad Bar	Fresh fruit and Salad Bar
Additional items	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potate and sandwich selection	Jacket potate and sandwich selection	Jacket potato and sandwich selection



-HEALTHY OPTION

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Hot Dog	Pappersni Pissa	Roast of the	Bashaqua Chiokan	Fishcake
Vegetarian	Poset & Rour Vegetables	Chesse à Broccoli Pasta	Guorn & onion pie	Vegetable Quiche	Veggie burger in a bun
Vegetables	deasonal Vegetables Potato Wedges	Osasonal Vepstables Resby Potatoes	Deasonal Vegetables Roast potatoes	Seasunal Vegetables Rice	Baked beans Feas Chips
Pudding Custom application	Swiss Roll Or Ocoks Biscuit	Juliy & Fruit Os Cucks Biscuit	Banana mousse Or Docks Biscuit	Chocolate Sponge Or Cooks Bisoult	Pruis & Tomoroan
Fresh Fruit & Salad	Fresh fruit and Balad Bar	Fresh Éruit and Dalad Day	Fresh Fruit and Palad Bar	Fresh fruit and Balad Bar	Fresh fruit and Balad Bar
Additional items	Jackst potato and sandwich selection	Jacket potato and sandwich selection	Jackst potate and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection